



OAKLAND COLON AND RECTAL ASSOCIATES, P.C.

HARRY J. WASVARY, M.D., P.C.
JASON SHELLNUT, M.D., P.C.
MATTHEW ZIEGLER, M.D., P.C.
CLAIRE PEEPLES, M.D., P.C.
JOHN BAUMAN, M.D.
CHRISTINE GHATTAS, C-NP

1121 Crooks Road
Royal Oak, MI 48067
phone: (248) 541-8554
fax: (248) 541-1791

- Beaumont Hospital, 3601 W 13 Mile Rd, Royal Oak, MI 48073 (go to North entrance registration)
- Beaumont Hospital, 6900 Orchard Lake Rd, West Bloomfield (go to lower level Suite 100)
- Gastro Intestinal Endoscopy Center, 264 W Maple Road, Suite 100, Troy, MI 48084
- Michigan Endoscopy Center, 30055 Northwestern Hwy., Suite L-60, Farmington Hills, MI 48334
- ST. Joseph Mercy Oakland, 44405 Woodward Avenue, Pontiac, MI 48341

ANAL RECTAL SURGERY PREPARATION

****IMPORTANT****

- ® Please notify the office if you are taking blood thinners/anticoagulants, anti-platelet medications, NSAIDS/non-steroidal &/or Aspirin products
- ® These medications must be DISCONTINUED prior to your procedure
- ® Please contact your physician for guidance of discontinuation
- ® Please contact your physician for dosage adjustments of diabetic medications prior to procedure
- ® Hold herbal supplements for 2 weeks prior to surgery; hold Vitamin E products for 7 days
- ® Insulin-dependent diabetics should contact their personal physician for dosage instructions prior to the procedure

We also need to know if you have a history of endocarditis or artificial heart valve, which might require prophylactic antibiotics.

- 1.) You will need to follow a clear liquid diet for your dinner the night prior to surgery. (See below for list of "clear liquids")
- 2.) Use one (1) FLEET ENEMA at 8:00 p.m. the night prior to the surgery.
- 3.) Have nothing to eat after 10:00 p.m. the night prior to surgery.
- 4.) No clear fluids 2 hours prior to surgery.
- 5.) Take two (2) FLEET ENEMAS three (3) hours prior to surgery time.

"Clear Liquids"

Water, soft drinks (Orange, Ginger Ale, Sprite 7-Up) Gatorade, Kool-Aid, strained fruit juice such as apple juice or white grape juice (clear juices, NO PULP), tea (NO cream) beef or chicken bouillon or broth (fat free, low sodium), plain lemon, lime or orange jello (NO fruit etc.) popsicles (NO sherbets or fruit bars), hard candies. DO NOT EAT OR DRINK ANYTHING COLORED RED OR PURPLE.

Date of surgery: _____

The hospital will call the day before your procedure to give you the time of your surgery.